



Contents

Unit 1 – Managing Your Studying	1
Activity 1-1: Managing Your Study Time	2
Activity 1-2: Monthly Calendar	3
Activity 1-3: Practice Preparing a Monthly Calendar	5
Activity 1-4: Weekly Schedule	8
Activity 1-5: Practice Preparing a Weekly Schedule	10
Activity 1-6: Daily Organizer	13
Activity 1-7: Practice Preparing a Daily Organizer	15
Activity 1-8: My Study Habits	18
Activity 1-9: Improving My Study Habits	20
Activity 1-10: My Study Place	21
Activity 1-11: Improving My Study Place	23
Activity 1-12: Setting Goals	24
Activity 1-13: What I Have Learned	26
Unit 2 – Visual Aids	27
Activity 2-1: Pictograph	28
Activity 2-2: Create Your Own Pictograph	30
Activity 2-3: Pie Graph	32
Activity 2-4: Create Your Own Pie Graph	34
Activity 2-5: Vertical Bar Graph	36
Activity 2-6: Create Your Own Vertical Bar Graph	38
Activity 2-7: Horizontal Bar Graph	40
Activity 2-8: Create Your Own Horizontal Bar Graph	42
Activity 2-9: Line Graph	44
Activity 2-10: Create Your Own Line Graph	47
Activity 2-11: Table	50
Activity 2-12: Create Your Own Table	52
Activity 2-13: Timeline	55
Activity 2-14: Create Your Own Timeline	57
Activity 2-15: Diagram	59



Activity 2-16: Political Map	61
Activity 2-17: What I Have Learned	63
Unit 3 – Reading and Taking Notes from Textbooks	65
Activity 3-1: Learning About the PQRW Strategy	66
Activity 3-2: The Preview Step	68
Activity 3-3: The Question, Read, and Write Steps	75
Activity 3-4: Practice Using PQRW	77
Activity 3-5: Practice Using PQRW	83
Activity 3-6: Practice Using PQRW	89
Activity 3-7: What I Have Learned	98
Unit 4 – Taking Notes in Class	101
Activity 4-1: Listening for Signal Words and Statements	102
Activity 4-2: Commonly Used Abbreviations	104
Activity 4-3: Forming Abbreviations	105
Activity 4-4: Using Symbols	107
Activity 4-5: Using the Fewest Words	109
Activity 4-6: Two-Column Notetaking Format	110
Activity 4-7: First Notes	112
Activity 4-8: Rewritten Notes	115
Activity 4-9: Graphic Organizer for Rewritten Notes	118
Activity 4-10: What I Have Learned	119
Unit 5 – Remembering Information	121
Activity 5-1: Repetition Strategy	122
Activity 5-2: Visualization Strategy	124
Activity 5-3: Rhyme Strategy	126
Activity 5-4: Categorization Strategy	128
Activity 5-5: Acronym Strategy	130
Activity 5-6: Abbreviation Strategy	132
Activity 5-7: Acronymic Sentence Strategy	135
Activity 5-8: Pegwords Strategy	137
Activity 5-9: Loci Strategy	141
Activity 5-10: What I Have Learned	147
Unit 6 – Graphic Organizers and Charts	149
Activity 6-1: Topic-List Graphic Organizer	150
Activity 6-2: Series of Events Graphic Organizer	154



Activity 6-3: Compare-Contrast Graphic Organizer	158
Activity 6-4: Problem-Solution Graphic Organizer	162
Activity 6-5: Question-Answer Graphic Organizer	166
Activity 6-6: Cause-Effect Graphic Organizer	170
Activity 6-7: Sequence Chart	174
Activity 6-8: Five W's Chart	178
Activity 6-9: KWL Chart	182
Activity 6-10: What I Have Learned	185
Unit 7 – Taking Tests	187
Activity 7-1: DETER Test Taking Strategy	188
Activity 7-2: Multiple-Choice Tests	190
Activity 7-3: Guidelines for Taking Multiple-Choice Tests	193
Activity 7-4: True/False Tests	197
Activity 7-5: Practice Taking a True/False Test	200
Activity 7-6: Matching Tests	201
Activity 7-7: Guidelines for Taking Matching Tests	203
Activity 7-8: Completion Tests	205
Activity 7-9: Guidelines for Taking Completion Tests	207
Activity 7-10: Essay Tests	209
Activity 7-11: Directions Words in Essay Test Items	211
Activity 7-12: Practice Writing a Response to an Essay Test Item	213
Activity 7-13: What I Have Learned	214
Unit 8 – Word Identification	219
Activity 8-1: Forming Words with Common Prefixes	220
Activity 8-2: Forming Words with Common Suffixes	222
Activity 8-3: Recognizing Prefixes and Suffixes	223
Activity 8-4: Identifying Word Parts	224
Activity 8-5: Identifying the Stem	225
Activity 8-6: Dividing Two-Syllable Stems	226
Activity 8-7: Using Less Common Prefixes	228
Activity 8-8: Using Less-Common Suffixes	229
Activity 8-9: The Word Identification Strategy	230
Activity 8-10: What I Have Learned	232
Unit 9 – Spelling Long Words	233
Activity 9-1: The Syllable-Building Strategy for Spelling Long Words	234
Activity 9-2: My Spelling List	236



Activity 9-3: Review Strategies	239
Activity 9-4: Using the Syllable-Building Strategy	241
Activity 9-5: Using the Syllable-Building Strategy: Science Words	245
Activity 9-6: Using the Syllable-Building Strategy: Social Studies Words	247
Activity 9-7: Using the Syllable-Building Strategy: Language Arts Words	249
Activity 9-8: Using the Syllable-Building Strategy: Mathematics Words	251
Activity 9-9: Using the Syllable-Building Strategy: Humanities Words	253
Activity 9-10: Using the Syllable-Building Strategy: Ecology Words	255
Activity 9-11: Using the Syllable-Building Strategy: Health Words	257
Activity 9-12: What I Have Learned	259
Unit 10 – Learning Word Meaning	263
Activity 10-1: Definition Clues to Word Meaning	264
Activity 10-2: Synonym Clues to Word Meaning	266
Activity 10-3: Antonym Clues to Word Meaning	268
Activity 10-4: Adage Clues to Word Meaning	270
Activity 10-5: Identifying Types of Clues	272
Activity 10-6: Visual Clues to Word Meaning	274
Activity 10-7: Matching Dictionary Definitions with Sentence Meaning	276
Activity 10-8: My Vocabulary Words	280
Activity 10-9: The Word Meaning Strategy	284
Activity 10-10: What I Have Learned	287
Unit 11 – Solving Math Word Problems	289
Activity 11-1: A Strategy for Solving Math Word Problems	290
Activity 11-2: Identifying the Question to be Answered	291
Activity 11-3: Writing the Information Needed to Answer the Question	293
Activity 11-4: Deciding if More Information is Needed	295
Activity 11-5: Deciding What Computations Must be Done	296
Activity 11-6: Doing the Computations	298
Activity 11-7: Trying the Strategy on Your Own	300
Activity 11-8: Using the Strategy to Solve a Problem Involving Percents	301
Activity 11-9: Using the Strategy to Solve a Problem Involving Fractions	302
Activity 11-10: Using the Strategy to Solve a Problem Involving Decimals	303
Activity 11-11: Using the Strategy to Solve a Problem Involving Money	304
Activity 11-12: Using the Strategy to Solve a Problem Involving Proportions	305
Activity 11-13: Using the Strategy to Solve a Problem Involving Measurement	306
Activity 11-15: What I Have Learned	307